

DELIVERING THE HEALTH AND WELLBEING BENEFITS OF THE NATURAL ENVIRONMENT

HINCHINGBROOKE COUNTRY PARK

14TH MARCH 2019, 9.00AM – 3.00PM

9.00 – 9.30	Tea, coffee and networking
9.30 – 9.45	Chairs introduction – Will Day
9.45 – 10.15	Dr Nicola Dempsey, University of Sheffield – Findings from IWUN – Improving Wellbeing through Urban Nature
10.15 – 10.45	Professor Catharine Ward Thompson, Edinburgh University – Generating health benefits through nature
10.45 – 11.05	Dr Mark Brookes - Social prescribing in East of England
11.05 – 11.20	Panel questions and answers
11.20 – 11.35	Tea and Coffee Break
11.35 – 11.50	Local Case Study - Living Sport
11.50 – 12.05	Local Case Study – PECT
12.05 – 12.20	Local Case Study – PCVS
12.20 – 12.40	Panel questions and answers
12.40 – 1.30	Lunch
1.30 – 1.45	Recap from the morning and introduction to the workshop
1.45 – 2.30	Workshop session <ul style="list-style-type: none"> - Key benefits and opportunities - Challenges of implementation – including impact evaluation - Collaborations and partnerships - Organisational and personal actions - How can the LNP help
2.30 – 2.45	Feedback from the session and next steps
3.00	Close session